





Adult Rehabilitative Mental Health Services

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## What is **ARMHS**?

The purpose of ARMHS is to provide mental health rehabilitative services to people with serious mental illness using evidence-based and best practices to foster recovery and self sufficiency by helping recipients reduce symptoms of mental illness and functional limitations and barriers related to mental illness, and learn illness management and recovery skills. The focus of this service is in regaining or restoring lost capabilities as a result of the onset of a mental disorder.

## Who is eligible for ARMHS?

An eligible recipient is an individual who:

- is age 18 or older;
- is diagnosed with a medical condition, such as mental illness or brain injury, for which adult rehabilitative mental health services are needed;
- has substantial disability and functional impairment in three or more areas so that self sufficiency is markedly reduced.

\*New Directions at Divine House, Inc. can complete a Diagnostic Assessment to determine eligibility for services.



What services are provided through the New Directions ARMHS program?

- Basic Living and Social Skills
- Community Intervention
- Medication Education
- Transitioning to Community Living Services

How can I make a referral to New Directions ARMHS program?

Referrals for the ARMHS program can be made by families, case managers or other providers.